

BEGINNING DAILY ROUTINE

For CC Contrabass Tuba

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"Tonguing and Scale Practice"

Practice this exercise using different scales!!!

Practice the sixteenth notes in this exercise with a variety of articulations.

For the "true" beginner legato and staccato will suffice. Tempi will vary from player to player.

The exercise consists of three staves of music in bass clef, common time. Each staff contains a series of sixteenth-note runs. The first staff has three measures of ascending sixteenth notes, followed by a measure with a rest and an 'x' mark. The second staff has three measures of ascending sixteenth notes, followed by a measure with a rest and an 'x' mark. The third staff has three measures of ascending sixteenth notes, followed by a measure with a rest and an 'x' mark, then a double bar line, and finally three measures of descending sixteenth notes, followed by a measure with a rest and an 'x' mark.

Descend down the scale until you reach the tonic . . .

A single staff of music in bass clef, common time, showing a descending scale of sixteenth notes. The scale starts on a higher note and descends to a lower note, ending with a rest and an 'x' mark.

"Remington Exercises"

When you first start practicing this exercise use a legato articulation.

As you progress, experiment with different ranges, note values, and articulations.

The first exercise is a single staff of music in bass clef, common time. It starts with a tempo marking of quarter note = 60. The exercise consists of a series of quarter notes, some with accidentals (sharps and flats), and some with rests. The exercise ends with a double bar line and a fermata over the final note.

The second exercise is a single staff of music in bass clef, common time. It consists of a series of quarter notes, some with accidentals (sharps and flats), and some with rests. The exercise ends with a double bar line and a fermata over the final note.

Continue in similar fashion to "low F#". . .

The third exercise is a single staff of music in bass clef, common time. It consists of a series of quarter notes, some with accidentals (sharps and flats), and some with rests. The exercise ends with a double bar line and a fermata over the final note.

Continue in similar fashion to G. . .

The fourth exercise is a single staff of music in bass clef, common time. It consists of a series of quarter notes, some with accidentals (sharps and flats), and some with rests. The exercise ends with a double bar line and a fermata over the final note.

Continue in similar fashion to "middle C". . .

The fifth exercise is a single staff of music in bass clef, common time. It consists of a series of quarter notes, some with accidentals (sharps and flats), and some with rests. The exercise ends with a double bar line and a fermata over the final note.

Continue in similar fashion to "High G" and then continue exercise upward to, and if possible, beyond High C. . .

The sixth exercise is a single staff of music in bass clef, common time. It consists of a series of quarter notes, some with accidentals (sharps and flats), and some with rests. The exercise ends with a double bar line and a fermata over the final note.