

BEGINNING DAILY ROUTINE

Horn in F

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One of the most important parts of any brass player's day is work dedicated to developing and improving the "fundamentals" of playing. The following is an example of the types of exercises a beginning low brass player should be working on. Much of this routine comes from the teachings of Professor Buddy Baker (University of Northern Colorado). I would like to thank two of Professor Baker's students, Mark Aderman and Professor Nick Keelan (Lawrence Conservatory) for exposing me to many of the exercises in this routine.

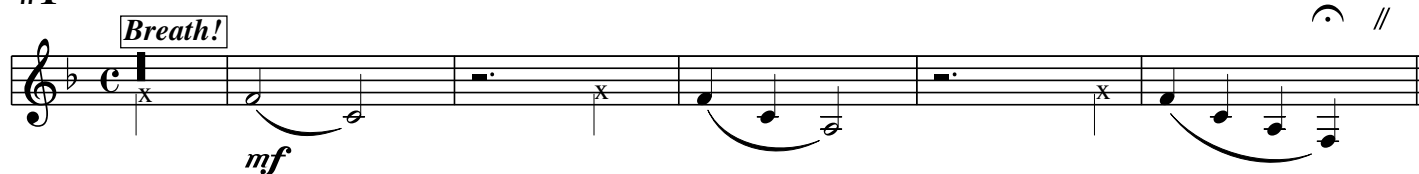
Practice all of these exercises with a metronome!

Your "first note" should be a quarter note inhalation thinking "OH," "HOE" or "WOE."

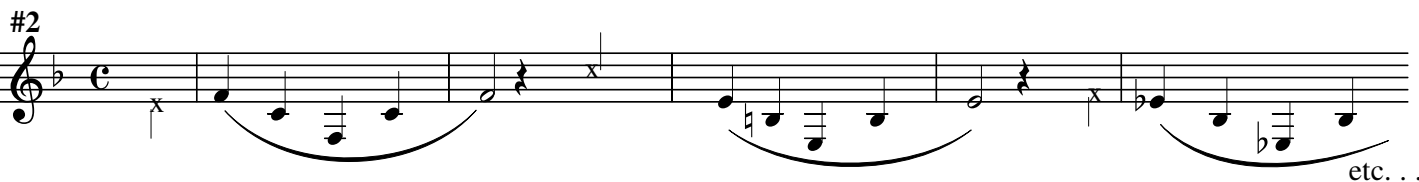
Slurs

I often find it helpful to practice lip slurs with no articulation or a "breath articulation."
Experiment using a "breath articulation" from time to time.

#1 ♩ = 60 (Goal ♩ = 80)

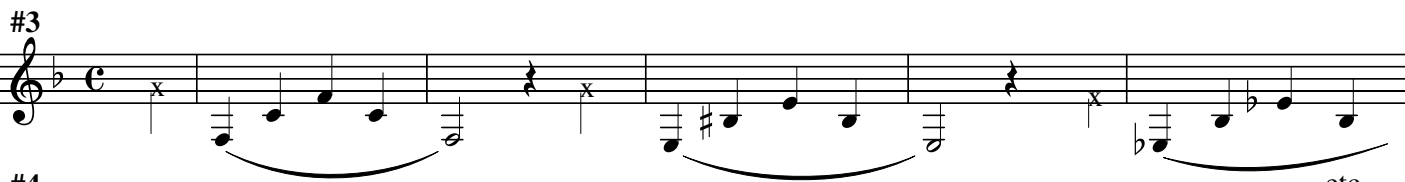


Descend by half steps until you reach the fundamental

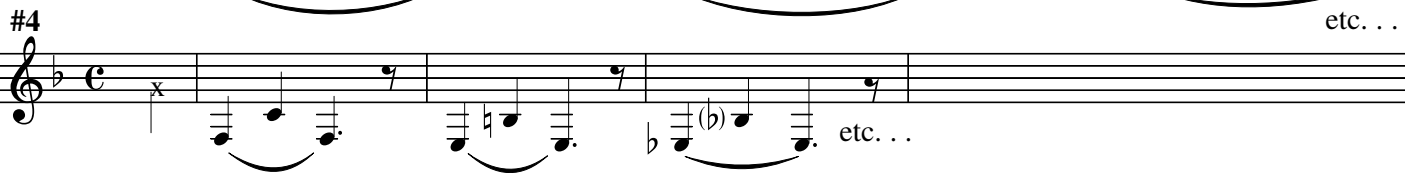


etc. . .

(Descend by half steps until you reach B)



etc. . .



etc. . .



etc. . .

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"Tonguing and Scale Practice"

Practice this exercise using different scales!!!

Practice the sixteenth notes in this exercise with a variety of articulations.

For the "true" beginner legato and staccato will suffice. Tempi will vary from player to player.



Descend down the scale until you reach the tonic . . .

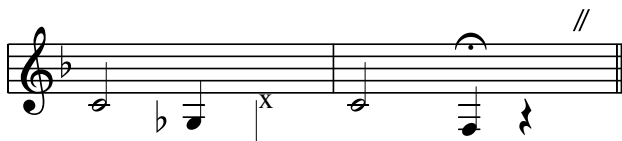
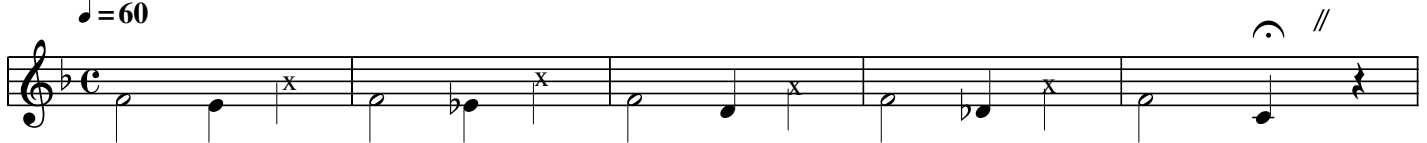


"Remington Exercises"

When you first start practicing this exercise use a legato articulation.

As you progress, experiment with different ranges, note values, and articulations.

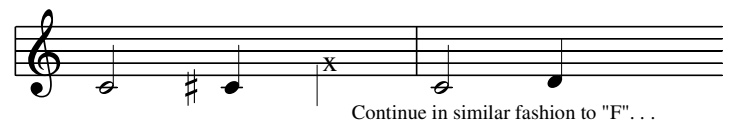
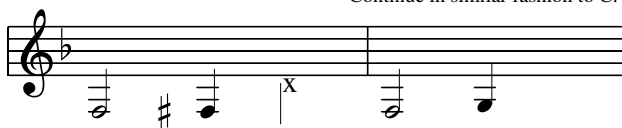
$\bullet = 60$



Continue in similar fashion to C . . .



Continue in similar fashion to "low B" . . .



Continue in similar fashion to "F" . . .



Continue in similar fashion to "C" . . .